Speed Networking Prompts

Speed networking is a great way to connect with colleagues and appreciate the unique strengths each of us brings to the workplace. The questions below are conversation starters – pick the ones that resonate with you and use them to spark discussion during each round of networking. The goal is to encourage meaningful conversations, find common ground and celebrate the diverse talents within your team.

1. What is a skill you have that most people wouldn't expect?
2. What type of work or task makes you feel most accomplished?
3. If you could instantly become an expert in any skill, what would it be and why?
4. What is the best piece of career advice you've ever received?
5. What's one way you try to build positive relationships in the workplace?
6. How do you typically approach problem-solving: logic, creativity, teamwork or another method?
7. If you could have lunch with any historical or famous figure, who would it be and why?
8. What's a skill or strength you use at work that also helps you in your personal life?
9. How do you like to recognize and celebrate your own or others' achievements?
10. What's something you've learned from a coworker that's stuck with you?
11. What's a past project or task you're especially proud of?
12. If you could plan a team outing, what activity would you choose?
13. If you could design your ideal workday based on what you do best, what would it look like?
14. How do you like to share knowledge or mentor others in the workplace?
15. If you had to teach a short workshop to your coworkers, what would the topic be?
16. Have you ever been asked a memorable icebreaker question? If so, what was it?
17. Do you have anything you keep on your desk (or in your workspace) that makes your day better?
18. How do you stay motivated when working on something challenging?
19. If you had to describe your work style as a movie or TV character, who would it be?