

## RETIREE NEWS ARTICLE

Open Enrollment for the State of California Civil Service Retirees starts September 18 and ends October 13, 2023. During Open Enrollment, you can enroll or make changes to your health, dental, vision, legal, and supplemental life insurance plans. If there are no changes to be made, then no action is necessary. Your health, dental, vision, legal and supplemental life insurance plans will automatically continue into the next year.

**All changes made during Open Enrollment will be effective January 1, 2024.**

### Dental Retiree Changes

Retiree dental benefit changes must be received by CalPERS by the last date of Open Enrollment, October 13, 2023. Retiree dental changes will no longer be accepted with a postmark date of the last day of Open Enrollment. As a reminder there were Delta Dental benefit plan enhancements that went into effect January 1, 2022. For more information, please visit the [CalHR Benefits Website](#).

State of California Civil Service Retirees should use the following contact methods to enroll in or make changes to the dental or vision plans:

**Dental** – Contact the California Public Employees’ Retirement System (CalPERS) at 888 CalPERS or (888) 225-7377.

**Vision** – Contact Vision Service Plan (VSP) at [stateofcalifornia.vspforme.com](http://stateofcalifornia.vspforme.com) or call (800) 400-4569.

\*VSP Open Enrollment materials will be mailed directly to retirees prior to Open Enrollment. As a reminder the Vision benefit plan enhancements were effective January 1, 2022. For more information, please visit the [CalHR Benefits Website](#).

### Legal Services Insurance Plan

Premiums for individual and family coverage will increase slightly for 2024.

Eligible retirees may enroll, cancel, or make changes as follows:

- 1) Visit the [ARAG Insurance Website](#) to enroll online;
- 2) Call ARAG at (800) 511-4007;
- 3) Mail or fax the [Group Legal Retiree Enrollment Form](#) to:

ARAG Insurance Company  
500 Grand Avenue Suite 100  
Des Moines, IA 50309-2405  
Fax: (515) 246-8816

### Supplemental Life Insurance

Premiums for supplemental life insurance will remain the same for 2024.

Contact MetLife at (800) 252-8524 with questions regarding your Supplemental Life Insurance benefits.